

2010
FLEX 



Specifications

fordvehicles.com

Specs

DIMENSIONS & CAPACITIES

Exterior	
Wheelbase	117.9"
Length	201.8"
Height – Excluding options	68.0"
Height – Including options	69.3"
Width – Excluding mirrors	75.9"
Width – Including mirrors	88.8"
Width – Mirrors folded	80.1"

Interior	
1st Row	
Head room	41.8"
Shoulder room	58.4"
Hip room	55.5"
Leg room	40.8"

2nd Row	
Head room	40.5"
Shoulder room	58.1"
Hip room	55.0"
Leg room	44.3"

3rd Row	
Head room	38.7"
Shoulder room	50.8"
Hip room	41.1"
Leg room	33.3"

Cargo Volume	
Behind 1st row	83.2 cu. ft.
Behind 2nd row	43.2 cu. ft.
Behind 3rd row	20.0 cu. ft. ¹

HORSEPOWER, TORQUE & 2010 EPA-ESTIMATED FUEL ECONOMY

3.5L Duratec® V6 Engine	
Horsepower	262 @ 6250 rpm
Torque (lb.-ft.)	248 @ 4500 rpm
6-speed automatic	
FWD	17 mpg city/24 hwy.
AWD	16 mpg city/22 hwy.

3.5L EcoBoost™ V6 Engine	
Horsepower	355 @ 5700 rpm
Torque (lb.-ft.)	350 @ 3500 rpm
6-speed automatic	
AWD	16 mpg city/22 hwy.

Dimensions may vary by trim level.

Cargo and load capacity limited by weight and weight distribution.

STANDARD

Mechanical	
3.5L Duratec V6 with 6-speed automatic transmission	
Front-wheel drive (FWD)	
4-wheel disc Anti-lock Brake System (ABS)	
Power rack-and-pinion steering	

Safety & Security	
Personal Safety System™ for driver and front passenger includes dual-stage front airbags ² safety belt pretensioners, safety belt energy-management retractors, safety belt usage sensors, driver-seat position sensor, crash severity sensor, restraint control module and Front-Passenger Sensing System	
3-point safety belts for all seating positions	
Adjustable head restraints	
AdvanceTrac® with RSC® (Roll Stability Control™) and Traction Control	
Battery saver	
Belt-Minder® front safety belt reminder	
Child-safety rear door locks	
Front-seat side airbags ²	
Illuminated entry	
Integrated keyhead transmitter remotes (2)	
LATCH – Lower anchors and tether anchors for child-safety seats	
MyKey™ owner controls feature	
Safety Canopy® System with side-curtain airbags ² and rollover sensor	
SecuriLock® passive anti-theft ignition system	
Side-intrusion door beams	
Tire Pressure Monitoring System (excludes spare)	

Interior	
1st-row center console with armrest, storage, 2 cupholders, and rear pull-out drawer with 2 cupholders and storage for 2nd-row passenger use	
Accessory delay	
Air conditioning in all 3 rows	
Auto-dimming rearview mirror	
Autolock power door locks	
Auxiliary audio input jack	
Cabin air filter	
Carpeted floor mats in 1st and 2nd rows	
Cupholders/bottle holders (10)	
Driver and front-passenger sun visors with illuminated vanity mirrors	
Grab handles (3)	
Leather-wrapped shifter	
Leather-wrapped steering wheel with cruise and secondary audio controls	
Manual tilt steering column (telescoping – late availability)	
Map pockets in 1st-row seatbacks	
Message center with trip computer	
Overhead console with map lights and sunglasses holder	
Power points (3)	
Power windows with one-touch-up/-down driver-window feature	
Reading lamps for 2nd- and 3rd-row passengers	

Exterior	
Autolamp automatic headlamps with wiper-activated headlamps feature	
Easy Fuel™ capless fuel filler	
Privacy glass on 2nd- and 3rd-row windows and liftgate	
Rear-window defroster	
Reverse Sensing System	
SecuriCode™ invisible keypad	
Windshield wipers – Intermittent front (speed-sensitive) and 2-speed rear	

Seating	
6-way power driver seat with 2-way manual front-passenger seat	
7-passenger seating	
1st-row bucket seats with fold-flat front-passenger seat	
2nd-row 60/40 split bench, fold-flat with PowerFold® function on 40 section	
3rd-row fold-in-floor 50/50 split bench	

¹Includes 5.0-cu.-ft. rear cargo storage well. ²Always wear your safety belt and secure children in the rear seat.

New Vehicle Limited Warranty. We want your Ford Flex ownership experience to be the best it can be. So under this warranty, your new vehicle comes with 3-year/36,000-mile Bumper-to-Bumper Coverage, 5-year/60,000-mile Powertrain Warranty Coverage, 5-year/50,000-mile Safety Restraint Coverage, and 5-year/unlimited-mile Corrosion (Perforation) Coverage – all with no deductible. Please ask your Ford Dealer for a copy of this limited warranty.

Roadside Assistance. Covers your vehicle for 5 years or 60,000 miles, so you have the security of knowing that help may be only a phone call away should you run out of fuel, lock yourself out of the vehicle, or need towing. Your Ford Dealer can provide complete details on all of these advantages.

Ford Credit. Get the ride you want. Whether you plan to lease or finance, you'll find the choices that are right for you at Ford Credit. Ask your Ford Dealer for details or check us out at fordcredit.com.

Ford Extended Service Plan. For a purchase or lease, the Ford Extended Service Plan (ESP) gives you "Peace-of-Mind" protection designed to cover key vehicle components and protect you from the cost of unexpected repairs. Ask your dealer for a Ford ESP, the only service contract backed exclusively by Ford and honored at all Ford Lincoln Mercury dealerships.

Insurance Services. Get Ford Motor Company quality in your auto insurance. Our program offers industry-leading benefits and competitive rates. Call 1-877-367-3847, or visit us at fordvip.com for a no-obligation quote. Insurance offered by American Road Services Company (in CA, American Road Insurance Agency), a licensed agency and subsidiary of Ford Motor Company.

Comparisons based on 2009 competitive models (Large Crossover class), publicly available information and Ford certification data at time of release. Some features discussed may be optional. Vehicles shown may contain optional equipment. Features shown may be offered only in combination with other options or subject to additional ordering requirements or limitations. Dimensions shown may vary due to optional features and/or production variability. Following release of the PDF, certain changes in standard equipment, options and the like, or product delays may have occurred which would not be included in these pages. Your Ford Dealer is the best source for up-to-date information. Ford Division reserves the right to change product specifications at any time without incurring obligations.



FLEX SE

Equipped with all standard features, plus:

Rapid Spec 101A:

17" painted-aluminum wheels with P235/60R17 BSW tires
AM/FM stereo/single-CD player and 6 speakers
Fog lamps with body-color bezels
Black, manually folding, power sideview mirrors
Outside temperature and compass displays
Body-color-painted door handles
Bright polished stainless steel exhaust tips

Available Options & Packages

Two-tone roof
All-weather floor mats
Ford SYNC® voice-activated, in-vehicle communications and entertainment system
AM/FM stereo/6-disc in-dash CD changer, 6 speakers and SIRIUS Satellite Radio with 6-month subscription
2nd-row cloth 40/40 split reclining bucket seats with PowerFold®
Black roof-rack side rails
Class III Trailer Tow Package: hitch receiver with 4500-lb. rating, 4-/7-pin connector with wiring harness, engine oil cooler, tire mobility kit and Trailer Sway Control



FLEX SEL

Equipped with all standard SE features, plus:

Rapid Spec 205A:

18" machined-aluminum wheels with P235/60R18 BSW tires
AM/FM stereo/6-disc in-dash CD changer, 6 speakers and SIRIUS Satellite Radio with 6-month subscription
Ford SYNC voice-activated, in-vehicle communications and entertainment system
Fog lamps with chrome bezels
Body-color, power, heated, manually folding sideview mirrors
Chrome door handles
Dual-zone Electronic Automatic Temperature Control
1st-row heated bucket seats, including 10-way power driver seat and 6-way power passenger seat with manual lumbar
Chrome beltline
Woodgrain appearance appliqué on instrument panel and door trim
Universal Garage Door Opener
Cargo net

Available Option Groups

Convenience Package: power-adjustable pedals with memory, power liftgate, memory settings for driver seat and heated sideview mirrors, security approach lamps and 110-volt inverter with AC outlet (206A)
Sony® AM/FM stereo/6-disc in-dash CD changer and 12 speakers in 10 locations + 1st- and 2nd-row leather-trimmed seating with 3rd row vinyl + **Convenience Package** (207A)
3.5L EcoBoost™ V6 + 6-speed automatic transmission with paddle shifters + dual exhaust with chrome tips + All-Wheel Drive (AWD) + 20" bright painted-aluminum wheels with P255/45R20 all-season BSW tires + Sony audio + 1st- and 2nd-row leather-trimmed seating with 3rd row vinyl + **Convenience Package** (208A)

Available Options & Packages

All-Wheel Drive (AWD) (included with 3.5L EcoBoost V6)
2nd-row console (requires 2nd-row 40/40 split reclining bucket seats and Convenience Package)
2nd-row 40/40 split reclining bucket seats with PowerFold
All-weather floor mats
Two-tone roof
Chrome roof-rack side rails
Multi-panel Vista Roof™ (requires Convenience Package)
White Platinum Metallic Tri-Coat paint
Red Candy Metallic Tinted Clearcoat paint
Active Park Assist (requires 3.5L EcoBoost V6)
Dual-Headrest DVD Entertainment System includes color-matched upholstered front headrests with integrated 7" adjustable monitors, top-slot-loading DVD player with gaming ports and remote control (late availability; requires Convenience Package)

Class III Trailer Tow Package



FLEX LIMITED

Equipped with all standard SEL features, plus:

Rapid Spec 302A:

19" polished-aluminum wheels with P235/55R19 BSW tires
High-Intensity Discharge (HID) headlamps
Chrome-capped, power, heated, power-folding sideview mirrors with integrated security approach lamps and memory
Power liftgate
Satin-aluminum liftgate appliqué
LED taillamps
Chrome sill plates
110-volt inverter with AC outlet
Power-adjustable pedals with memory
Ambient Lighting
1st-row perforated leather-trimmed, heated bucket seats, including 10-way power driver seat with memory and manual lumbar, and 6-way power passenger seat
2nd-row perforated leather-trimmed (outboard positions) 60/40 split bench seat with folding seatbacks
Color-keyed leather-wrapped steering wheel with wood inlay, cruise and secondary audio controls
Sony AM/FM stereo/6-disc in-dash CD changer and 12 speakers in 10 locations
Voice-activated Navigation System¹ with Rear View Camera includes 8" in-dash screen and single-CD/DVD, SIRIUS Travel Link™ services with 6-month subscription, and analog clock

Available Option Groups

Multi-panel Vista Roof + 2nd-row bucket seats + refrigerated 2nd-row console + 20" bright painted-aluminum wheels with P255/45R20 all-season BSW tires (303A)
3.5L EcoBoost V6 + 6-speed automatic transmission with paddle shifters + dual exhaust with chrome tips + All-Wheel Drive (AWD) + 20" bright painted-aluminum wheels with P255/45R20 all-season BSW tires (304A)

Available Options & Packages

All-Wheel Drive (AWD) (included with 3.5L EcoBoost V6)
2nd-row console (requires 2nd-row 40/40 split reclining seats)
2nd-row perforated leather-trimmed 40/40 split reclining bucket seats with PowerFold
All-weather floor mats
Dual-Headrest DVD Entertainment System includes color-matched upholstered front headrests with integrated 7" adjustable monitors, top-slot-loading DVD player with gaming ports and remote control
Class III Trailer Tow Package
Two-tone roof
Multi-panel Vista Roof
Chrome roof-rack side rails
Refrigerated console (requires 2nd-row console and 3.5L EcoBoost V6)
20" bright painted-aluminum wheels with P255/45R20 all-season BSW tires (included with 3.5L EcoBoost V6)
White Platinum Metallic Tri-Coat paint
Red Candy Metallic Tinted Clearcoat paint
Active Park Assist (requires 3.5L EcoBoost V6)

¹Limited coverage in Alaska.

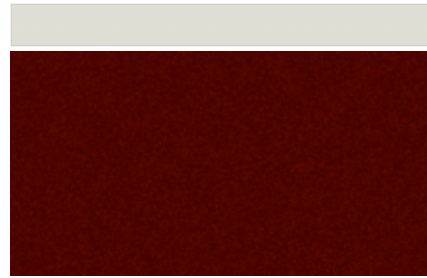
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Exterior colors



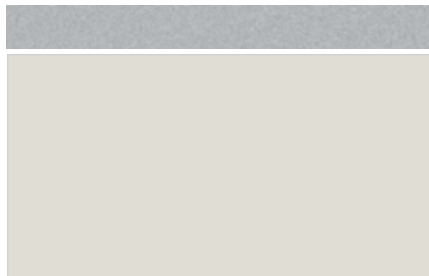
Dark Ink Blue Metallic



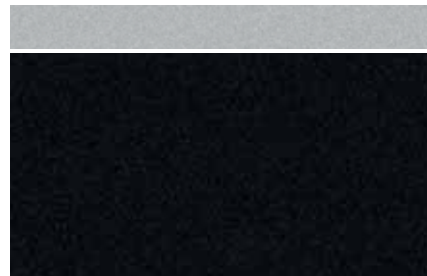
Cinnamon Metallic



Red Candy Metallic Tinted Clearcoat



White Suede



Tuxedo Black Metallic



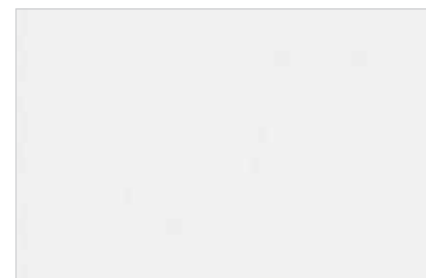
Sterling Grey Metallic



Steel Blue Metallic



Ingot Silver Metallic



White Platinum Metallic Tri-Coat

 = Available White Suede roof

 = Available Ingot Silver Metallic roof

	Interior Colors	
SE		
Dark Ink Blue Metallic	●	●
Cinnamon Metallic	●	●
White Suede	●	●
Tuxedo Black Metallic	●	●
Sterling Grey Metallic	●	●
Steel Blue Metallic	●	●
Ingot Silver Metallic	●	●

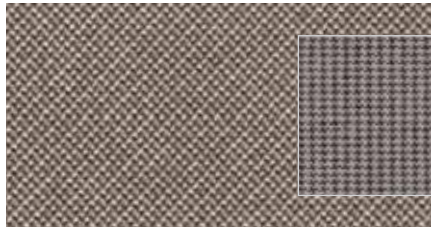
	Interior Colors	
SEL/Limited		
Dark Ink Blue Metallic	●	●
Cinnamon Metallic	●	●
Red Candy Metallic Tinted Clearcoat ¹	●	●
White Suede	●	●
Tuxedo Black Metallic	●	●
Sterling Grey Metallic	●	●
Steel Blue Metallic	●	●
Ingot Silver Metallic	●	●
White Platinum Metallic Tri-Coat ¹	●	●

INTERIORS: ● Medium Light Stone ● Charcoal Black

¹Extra-cost option.

Colors shown are representative only. Not all colors are available on all models. See your dealer for actual paint/trim options.

Interior colors



Cloth – Medium Light Stone
 with Houndstooth-patterned inserts
 Standard on SE and SEL



Cloth – Charcoal Black
 with Houndstooth-patterned inserts
 Standard on SE and SEL



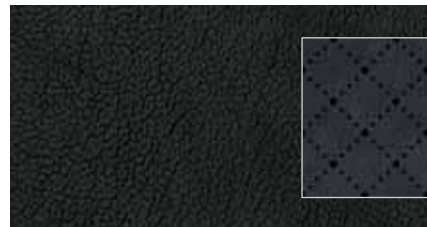
Leather – Medium Light Stone
 Available on SEL



Leather – Charcoal Black
 Available on SEL



Leather – Medium Light Stone with perforated inserts
 Standard on Limited



Leather – Charcoal Black with perforated inserts
 Standard on Limited

Wheels



17" Painted-Aluminum
 Standard on SE



18" Machined-Aluminum
 Standard on SEL



19" Polished-Aluminum
 Standard on Limited



20" Bright Painted-Aluminum
 Available on SEL and Limited



20" Polished
 Available as a Ford Custom Accessory¹

¹Specific tire required. See your local dealer or visit Tech Specs on fordaccessories.com for more details.